

# Proper Emergency Kit Essential to Hurricane Preparedness

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Release Date: ?? 30, 2018

ST. CROIX, Virgin Islands – Having the proper supplies on hand is key to being prepared for the upcoming hurricane season starting June 1. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

At a minimum, you should have these basic supplies:

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home).
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- Flashlight.
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible).
- Extra batteries.
- First aid kit.
- Medications (7-day supply) and medical items.
- Multi-purpose tool, like a Swiss Army knife.
- Sanitation and personal hygiene items.
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies).
- Cell phone with chargers.
- Family and emergency contact information.
- Extra cash (ATMs might be inoperable).
- Extra fuel for generator and car.

Depending on your family's requirements, you may also need to include: medical-care items, baby supplies, pet supplies and other things, such as extra car and house keys.

Additional supplies might include towels, plastic sheeting, duct tape, scissors and work gloves.



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Resources that offer additional information on putting together emergency kits are online at

<https://www.ready.gov/> and <http://www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready/get-a-kit>.

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FEMA's mission is helping people before, during, and after a disaster.

For official information on the recovery effort following the hurricanes, please visit [www.informusvi.com](http://www.informusvi.com) or [www.usviupdate.com](http://www.usviupdate.com). Follow us on social media at [twitter.com/femaregion2](https://twitter.com/femaregion2) and [www.facebook.com/FEMAUSVirginIslands](https://www.facebook.com/FEMAUSVirginIslands).

To donate or volunteer, contact the voluntary or charitable organization of your choice through the National Voluntary Agencies Active in Disasters (NVOAD) at [www.nvoad.org](http://www.nvoad.org). For those who wish to help, cash donations offer voluntary agencies the most flexibility in obtaining the most-needed resources and pumps money into the local economy to help businesses recover. The Community Foundation of the Virgin Islands also has the "Fund for the Virgin Islands" at [www.USVIrecovery.org](http://www.USVIrecovery.org)

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