

# Crisis Counseling Assistance is Available to LA County Wildfire Survivors

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**LOS ANGELES** – If you are feeling overwhelmed by emotions, stress, or hopelessness, you are not alone. Help is available for disaster survivors experiencing emotional distress following the wildfires.

The Crisis Counseling Assistance and Training Program is a federally funded program administered by FEMA which has been activated for disaster survivors in Los Angeles County. The Substance Abuse and Mental Health Services Administration (SAMHSA) is working with FEMA through an interagency agreement to provide support services assistance for those impacted by the fires.

If you or a loved one is experiencing mental health distress related to the wildfires, do not hesitate to reach out for mental health support and resources 24/7. Visit [Los Angeles County Department of Mental Health](#) or call the mental health helpline at 800-854-7771. The Los Angeles County Department of Mental Health does not discriminate on the basis of disability in the admission and access to its services, programs or activities. For questions regarding accessibility, please contact the ADA Coordinator at (213) 943-8120 or (213) 947-6837.

For additional mental health impacts support and resources during this time, visit:

- [Mental Health and Stress After An Emergency](#) (LACDMH / DPH)
- [LA County Emergency Response and Recovery Page](#)
- [Disaster Distress Helpline](#) at 800-985-5990
- [CalHOPE The Warm Line](#) at 833-317-4673
- [Crisis Text Line](#) by texting “LA” to 741741



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- If you are thinking about harming yourself or others, call 911.

For the latest information about California's recovery, visit [fema.gov/disaster/4856](https://fema.gov/disaster/4856). Follow FEMA Region 9 [@FEMARegion9](https://twitter.com/FEMARegion9) on X or follow FEMA online, on X [@FEMA](https://twitter.com/FEMA) or [@FEMAEspanol](https://twitter.com/FEMAEspanol), on [FEMA's Facebook page](#) or

[Espanol page](#) and at [FEMA's YouTube account](#).

For preparedness information follow the Ready Campaign on X at [@Ready.gov](https://twitter.com/Ready.gov), on Instagram [@Ready.gov](https://www.instagram.com/Ready.gov) or on the [Ready Facebook page](#).

California is committed to supporting residents impacted by the Los Angeles Hurricane-Force Firestorm as they navigate the recovery process. Visit [CA.gov/LAFires](https://www.ca.gov/LAFires) for up-to-date information on disaster recovery programs, important deadlines, and how to apply for assistance.

