

Proper Emergency Kit Essential to Hurricane Preparedness

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ST. CROIX, Virgin Islands – Having the proper supplies on hand is key to being prepared for the upcoming hurricane season starting June 1. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

At a minimum, you should have these basic supplies:

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home).
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- Flashlight.
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible).
- Extra batteries.
- First aid kit.
- Medications (7-day supply) and medical items.
- Multi-purpose tool, like a Swiss Army knife.
- Sanitation and personal hygiene items.
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies).
- Cell phone with chargers.
- Family and emergency contact information.
- Extra cash (ATMs might be inoperable).
- Extra fuel for generator and car.

Depending on your family's requirements, you may also need to include: medical-care items, baby supplies, pet supplies and other things, such as extra car and house keys.

Additional supplies might include towels, plastic sheeting, duct tape, scissors and work gloves.



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Resources that offer additional information on putting together emergency kits are online at

<https://www.ready.gov/> and <http://www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready/get-a-kit>.

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FEMA's mission is helping people before, during, and after a disaster.

For official information on the recovery effort following the hurricanes, please visit www.informusvi.com or www.usviupdate.com. Follow us on social media at twitter.com/femaregion2 and www.facebook.com/FEMAUSVirginIslands.

To donate or volunteer, contact the voluntary or charitable organization of your choice through the National Voluntary Agencies Active in Disasters (NVOAD) at www.nvoad.org. For those who wish to help, cash donations offer voluntary agencies the most flexibility in obtaining the most-needed resources and pumps money into the local economy to help businesses recover. The Community Foundation of the Virgin Islands also has the "Fund for the Virgin Islands" at www.USVIrecovery.org

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